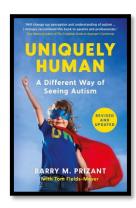


Parent Network:

I hope you are all enjoying the Easter holiday. Thanks to those of you who came to our World Book Day celebration. Both the staff and pupils had a great time!

Book of the Month:



This book offers a compassionate and insightful perspective with a wealth of inspiring stories and practical advice from autistic people and their families. I just love the common-sense practical advice shared in this book.

On Thursday 25th April the Hertfordshire dental team will be my guests at our Parent Network meeting. They will be delivering a practical session and answering your questions on everything dental. I will send out more information nearer the time, but this is one not to be missed as they are only able to visit onsite once a year.

And finally....

Many thanks to those who have completed our questionnaire. I really appreciate your feedback as this ensures that we can arrange sessions around your needs. If you still have not completed please scan the QR code below.



Principal's Perspective.....

It has been another extremley busy term and I wanted to share some of the activities our pupils have been involved in.

Red Nose Day is always popular with staff and pupils alike. This year we set our pupils a trampoline and track challenge. Each class took part to see how many times they could complete laps around our obstacle course and bounces on the trampoline. Certificates were handed out for the most laps of the track and the most bounces on the trampoline. Well done to neptune class, who completed the most laps and Ryley in Mars class who achieved an incredible 451 bounces!



We gave our pupils the opportunity to create their own Red Nose. Congratulations to Centurion class for their winning artwork.



Events for April

1st April – April Fool's Day

- 2nd April World Autism Awareness Day
- 15th April Back to School for Summer Term

22nd April – Earth Day

23rd April – St George's Day

25th April – Parnet Network Meeting with the Hertfordshire dental team

29th April – International Dance Day

Spotlight on Jupiter class:

Jupiter class have been focusing on their independent living skills over the last term, from planting their own produce, shopping and cooking for their friends in class and finally household tasks.



We have continued to enjoy our local gym on a Friday where the pupils have been accessing the equipment and dance sessions in the studio. This has been great fun for all of our pupils and we are loooking forward to continuing our sessions after Easter.





Jupiter class are lucky to be able to visit Ashridge Hult Business School weekly for walks around the stunning grounds. We are looking forward to the warmer months and taking a picnic with us.





Thank you to all our friends in the community we love being out and about!

Our Focus of the Month: Attachment Aware and Trauma Informed Practice

Our pupils may experience trauma in their lives, maybe as a result of change, sensory experiences, transitions or understanding and navigating the world they live in. We provide a safe space, foster and maintain strong relationships, with the emphasis always on managing and coping with stress whilst celebrating the positives.



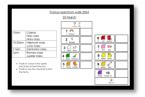
Top Tips:

- Promote physical activity.
- Provide sensory and soothing environments.
- Ensure routines and environments are safe and predictable to reduce anxiety.

What has been happening around school?

WORLD AUTISM ACCEPTANCE WEEK

On Tuesday 26th March we spread joy by celebrating "Colour Spectrum Day" ahead of World Autism Acceptance week, which takes place between the 2nd and 8th April.





We have lots more activities planned, such as colourful cooking, and a sensory play session. The classes have been making artwork in their spectrum colours.



