

## News from Radlett

### Parent Network:

I hope you are well. I can't quite believe we have nearly reached the end of this first half term. It has been great seeing all the pupils back with the addition of some new faces, both staff and pupils.



Our first Parent Network Meeting of this academic year will be on Friday 22<sup>nd</sup> November at 11.00am via TEAMS. The session will be run by Vernisha, our Highly Specialised Speech and Language Therapist. Vernisha joined Radlett Lodge School during the Summer term and is experienced in working with autistic children. She is looking forward to working with both our pupils and yourselves to develop their communication skills. More details to follow but I am sure you will not want to miss this session.

### Finally.....

Please check out the following website as it has some fantasti articles, from sensory processing to wellbeing resources. I especially enjoyed the "Finding the Balance", a series of 6 episodes. Each episode features a conversation on a different wellbeing topic with relatable illustrations and practical exercises to follow.

<https://www.autismcentral.org.uk/>



Don't forget if you want help on a certain topic, email [mary.rogers@nas.org.uk](mailto:mary.rogers@nas.org.uk) and we can set up a date to come in for a chat.

### Sports sessions at Saracens:

This term a group of our pupils have begun weekly sessions at Allianz Park, the home of Saracens Rugby Club. The sessions are run by The Saracens Foundation. Their key aim is to support our pupils' social and physical development and having fun taking part in sport.



So far, we have been enjoying the target, practice, archery, curling and of course working as a team with the parachute.



### Events for October

#### October - Black History month

**1<sup>st</sup> October – International Music Day - Drumming**

**7<sup>th</sup> – 11<sup>th</sup> October – Libraries Week**

**10<sup>th</sup> October – World Mental Health Day**

**16<sup>th</sup> October – World Food Day**

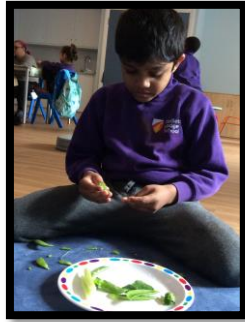
**18<sup>th</sup> October – Student Council**

**23<sup>rd</sup> October – African Dancing**

**24<sup>th</sup> October – Parent Consultations**

**Spotlight on Caesar and Vesta classes:**

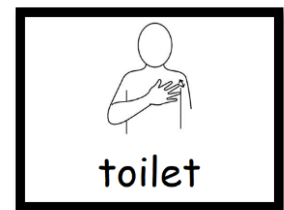
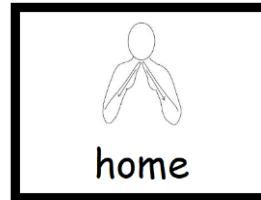
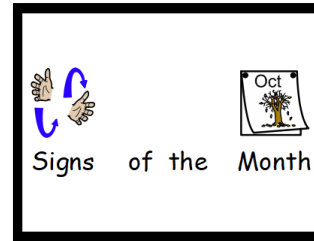
Caesar and Vesta classes have been reading the book, **The Colour Monster** by **Anna Llenas**.



This book helps children explore emotions but the classes have also used the colours of the book as part of their food safaris. This sensory lesson encourages the pupils to explore and try new foods. So far, we have tried red, black and green

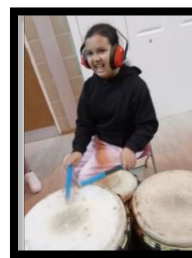


**Our Signs of the Month are:**



For more information on Makaton signs please click on the link below:  
[https://makaton.org/TMC/TMC/Free\\_resources.aspx](https://makaton.org/TMC/TMC/Free_resources.aspx)

**What has been happening around school?**



**African Drumming**

To commemorate the start of Black History Month, we took part in African drumming. Each class had the opportunity to make their own music together. We celebrated at the end of the day with performances in a primary and secondary assembly. As you will see from these pictures we have some great drummers. I am sure Ste will use this talent in future music sessions and performances.

