

Partnership with Fruit Shoot is supporting autistic people adapt to bottle cap changes



The National Autistic Society has partnered with Fruit Shoot to launch a support programme designed to help autistic people navigate the change of a new look bottle.

Sports style caps are gradually being rolled from out from this month, and should appear on all Fruit Shoot bottles by the end of 2024. It's just the bottle top that's changing, the drink inside remains the same in taste, smell, feel, and appearance.

As part of our 'Stronger Together Programme' with Fruit Shoot, we have created free, available online resources explaining the transition from the current caps to the new style caps.

Peter Watt, Managing Director of National Programmes at the National Autistic Society, said: "For autistic children and adults, a sudden unexpected change to everyday life can be hard. By producing assets such as social stories we can help to prepare children and adults for changes ahead of time and aim to minimise disruption to routines. The National Autistic Society is pleased to be working with Fruit Shoot to support this transition."

Robserver

Summer1 2024



Trips

Gardening

Achievements

Jam packed full of great stuff, from this half term.

Message from our principle



It has been another amazing half term with lots of the activities our pupils/students have been up to, including: A visit to Cannon Hall by one class, lots of classes planting veg and flowers for the garden. We have even had a class going to Unity Boxing Gym for their PE lesson.

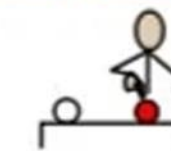
It has been a massive team effort and everyone has been working hard to keep everything running as smoothly as possible. We have also had the exciting news that the NAS are exploring the viability of a new build for the school, as mentioned in the letter we sent out to you all. We will keep you all updated as we find out more.

I hope you all have a relaxing time over the half term and everyone comes back refreshed and ready to enjoy what will be an action packed last half term, taking us up to the Summer Holidays.

Thank you all for your continuing support it is very much appreciated.

Jon Mount

Orton



This



term,

Orton



class

have



enjoyed



having

PE

in the



sports hall.



Smith

This term, we have been accessing the community. We have been to different places focusing Victorian. We visited Cannon Hall and looked at the beautiful building and artefacts.

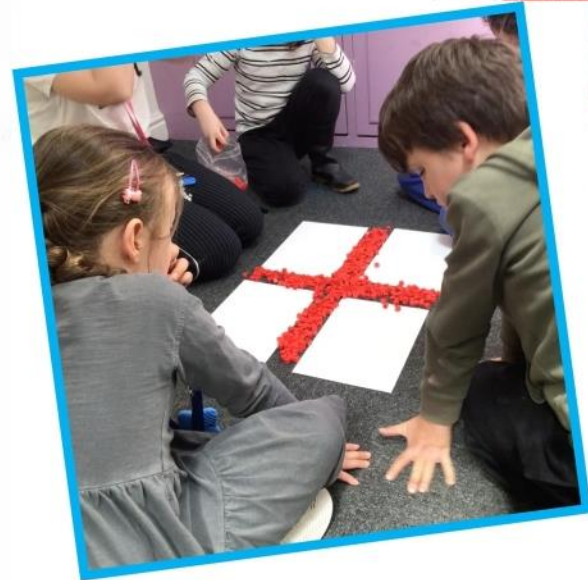


Hopkins

In Hopkins class this half term, we have been looking at Natural environments! We have had lots of fun exploring different places in the community, we especially enjoyed the woodland environment and the story 'We're Going on a Bear Hunt'. We have explored lots of different sensory trays and role play areas looking at animal habitats and the sounds animals make whilst moving.



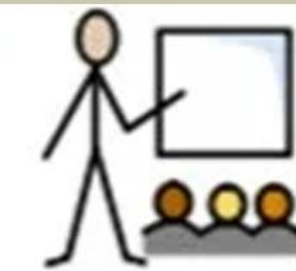
Clay



This half term Clay Class have been planting sweetcorn, sunflowers and strawberries and watching them grow! We have also created our own British flags to remember D-Day.



Kay



Class



The children have been focusing on different nature based activities that explore different natural environments.

In one of the activities the children used coloured water and glitter to create a sensory experience. The children then added animals that are found in the sea.



Gascoigne

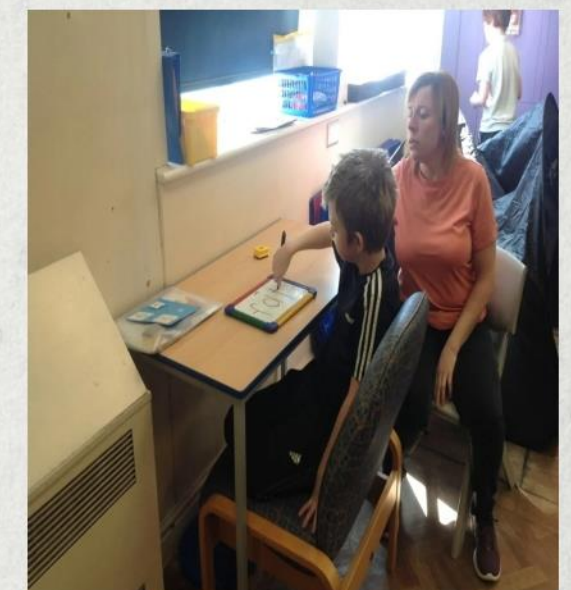
This term we have been learning all about plants, different names of plants, how they grow and what they need to survive. We went to the Butterfly House and observed different animals and plants, especially those in a tropical environment.



Cumming



In Cumming class during Summer 1 term. The pupils have been focusing on their fine motor skills.



Reilly

This term, our students have been learning about different environments. Some of our students have also enjoyed horse riding at Cantley Riding School and work experience at a charity shop in Doncaster. Everyone has been amazing and we are always proud of everything they achieve.

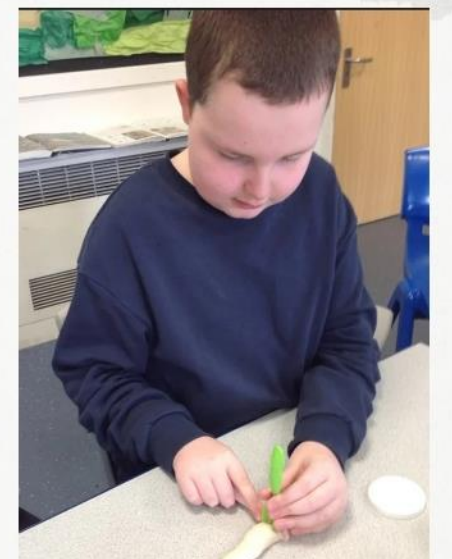
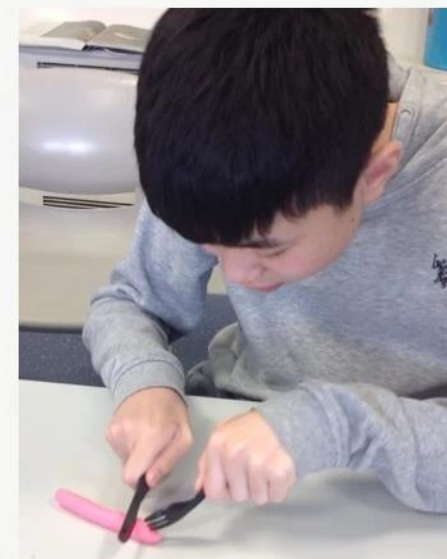


BATES

In Bates class we have been transitioning to the teaching and learning flat to practice life skills. We have been washing, drying and putting away cutlery.



We have been practicing our fine motor skills by using a knife and fork.



Pryor



In Pryor class we have enjoyed our Attention Autism sessions. We have looked at some new bucket toys and been taking turns. It has been loads of fun!



Mackintosh

In Mackintosh class we have been making the most of the warmer weather and have visited the local parks. We have also been reading the book 'Stickman' and have done lots of creative activities based on the book.



Redfern



In Summer 1, Redfern Class have been learning about plants! We have learned about deciduous and evergreen leaves and explored the community to identify the change in the plants during Spring. Also we have been working hard in the garden. We have worked together to use shovels to dig out the weeds, and planted new seeds.



Buttery

This half term as part of our PSHE curriculum we visited Crucial Crew in Rotherham. We took part in lots of different workshops and learnt how to keep ourselves safe in the community. We also learnt the procedures of what happens in youth court and enjoyed taking part in the different roles involved, such as Judge, Solicitors, Defendant etc.

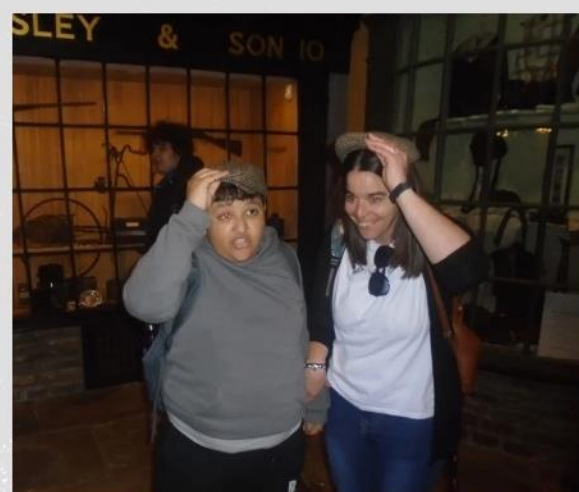


Buttery



Life as a Victorian

As part of Topic this half term we have been learning about life as a Victorian. We visited lots of different places to learn and experience what life was like as a Victorian. When we visited York Castle museum we had lots of fun dressing up, visiting different Victorian shops and even went to prison!! (only for a visit though!)



Wiggan...

Achievements



Over the last few terms Cameron has been working towards his football coaching badge. He has now completed the course gaining his level 1 certificate.



Blake has been working on Health and Safety in Construction to gain his Construction skills certification scheme Card (CSCS), he has passed all mock exams and is due to complete his final exam in June.



Lewis has again been working really hard during his piano lessons and has passed his grade 2 practical exam as well as his grade 3 theory, where he got a distinction.



Maddison has been working towards BTEC Home Cooking Skills, and has recently completed her level 1 exam.

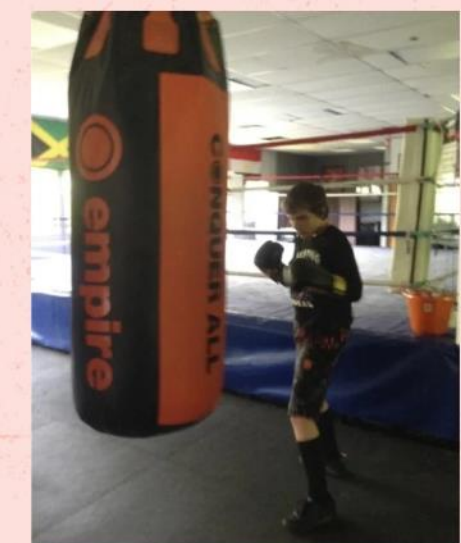


Hewkin

This term, Hewkin Class have enjoyed visiting Unity Boxing Gym for their PE lesson, where they have gained a foundation in the fundamental techniques of boxing. They have followed a six week fitness programme where they have practiced footwork and body positioning techniques and a variety of punches.



Alvey Class went to Abbey House Museum in Leeds this half term where we walked through authentic Victorian streets and experienced what life was like in 19th century Britain. We looked inside Victorian shops, a Sunday school and houses of ordinary people. We saw what toys Victorian children played with, what kind of food they ate and what clothes they wore. A lot of Victorian children could not go to school; they had to work in mines, factories and cotton mills.



Wiggan...

Maths

Geography

Mckinley

This term has been extra busy for our students who have been preparing for their GCSE exams. Everyone has worked hard and should be proud of themselves, as we are.

GOOD
LUCK
IN YOUR
EXAMS

History

ICT

English

Post 16 for McKinley has been a really busy Summer 1 with all students taking different GCSE exams.

When the students have not been preparing for their assessments, they have taken part in a range of different activities.

For Art Amy, Georgia and Ben all went to the Yorkshire Sculpture park in Wakefield. Amy and Porcha also completed their Btec Level 1 in Cooking by making pasta dishes from scratch.

In DT, Georgia has been building a cat hotel called Fort Nox for her cat at home.



Hub1 News

Pupils in Hub 1 have enjoyed designing and picking colours for the new ROS FC football kit. George raised the money to buy the kit by doing a sponsored bike ride from school to his favourite football club, Sheffield Wednesday and back, a total of 26 miles. Pupils wore the kit for the first time last week whilst playing Stonehill School and winning 5-3.



Hub2



Students of Hub 2 have accessed football club this term, some having gone for their first time. This has been fun and engaging, and a great environment for them to make and build friendships.



Parent Coffee Morning

On 8th May 2024 we held our parent coffee morning, this gives our parents opportunities to share experiences and ideas but just as important it allows them to relax and have fun.

Parents helped to colour bunting for our upcoming tea party celebrating the 80th anniversary of the Normandy landings.



Hallam FM Cash for Kids

On Thursday 2nd May 2024 students and staff took part in Hallam FM Cash for Kids. Cash for kids is a charity helping children who need it the most. This year the money raised in South Yorkshire will go towards making sure no child goes hungry during the school holidays.

We raised a fantastic £287.12



SPEECH AND LANGUAGE THERAPY STRATEGIES

THE SIX BRICKS ACTIVITY

What is Six Bricks?

Six Bricks is a booklet of fun, short activities using sets of LEGO® or DUPLO® bricks in six bright colours. Children can practice their memory, fine motor



Patterns

1. Children work together to make their own repetitive pattern
2. One of them starts a pattern with six bricks and the other continues this



Hide the brick sequence

1. The adult takes any two bricks and secretly builds one on top of the other, covering all the studs.
2. Hold them up for the children to see for five seconds and then hide them away.
3. The children copy the brick sequence.

Guiding questions

- Who remembered the sequence by repeating the colours over and over?
- Did anyone use a different way to remember the sequence?
- What other ways to remember the sequence can you think of?

Base activity

1. The adult takes any two bricks and clicks them together, one on top of the other and covering all the studs.
2. Hold them up for the children to see (Do not hide the bricks away)
3. The children copy the brick sequence.

Guiding questions

- Match your sequence to mine. Are they the same?
- If it is different, can you explain the difference?
- If it is different how can you make it the same?

4. Repeat this activity with 2 bricks of any colours until you feel the children are ready to move on to copying 3 and then 4, 5, and 6 bricks.

Six Bricks develops:

• **Language** - such as describing in detail, giving clear instructions, explaining your reasons, which helps communication with others and expressing ideas.

• **Problem solving** - staying focused, remembering a task or a challenge, setting goals and making plans.

• **Collaboration** - working together in pairs or teams taking turns.



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Occupational therapy



This time of year, can be stressful for both students and parents as many of our students are currently doing their summer exams. Having a calm state of mind before entering an exam as well as a calm home environment can enhance individual's performance levels in their exams. Grounding techniques can help support students in their exams along with supporting students home environments.

The 5-4-3-2-1 Grounding technique

The 5-4-3-2-1 Grounding technique is a mindfulness exercise designed to help individuals achieve a calm state of mind and it can also help reduce anxiety, stress and feeling overwhelmed emotionally. This exercise can be done almost anywhere and at any time. It utilises an individual's five senses which are; Sight, touch, hearing, smell, and taste and this is used as a means to anchor one's focus to the present moment.

How to guide:

Name 5 things you can see

Take a moment to spot five things in your immediate environment. For example, this could be a table and chair, a family photograph, the goal is to really see the detail; like colour, form, and texture. By diverting your focus to your sense of sight, you disrupt the cycle of anxious or stressful thoughts.

Name 4 things you can touch

Concentrate on the sense of touch to further ground yourself. Become aware of four things you can feel. They could be the fabric of your clothes against your skin, the texture of an item you're holding, or the hardness of the floor under your feet.

Name 3 things you can hear

Close your eyes and listen to the noises around you. They could be anything from a fan humming to birds singing, or people talking in the distance. Identifying these sounds helps steer your mind away from internal stressors and more toward the world around you, anchoring you in the present moment.

Name 2 things you can smell

Take a deep breath and identify two distinct smells around you. They could be the welcoming aroma of fresh coffee or the clean scent of hand soap. Tuning into these smells helps shift your focus from negative or worried thoughts to your immediate surroundings, reinforcing your connection to the present moment.

Name 1 things you can taste

Finally, focus on your sense of taste. You might want to take a sip of water, or simply focus on the lasting flavours from your meal you had for breakfast or lunch. With this final sense you have now completed the cycle and this firmly brings you back to the present moment.





Alvey



Class



Pupils in Alvey Class accessed Crucial Crew educational provision where they had an opportunity to acquire essential life skills including road and fire safety. All pupils had lots of fun while they engaged in the interactive sessions with South Yorkshire Fire and Rescue staff.



Cumming



In Cumming class during Summer 1 term. The pupils have been focusing on their fine motor skills.



BATES

In PE we have been learning basketballs skills, ball control, chest pass, bounce pass, dribbling and shooting



In Science we have been exploring nature. We planted beans and made a bean diary recording how they changed. We learned about vegetables growing in soil and we planted sunflower seeds.



Lincoln enjoyed hoovering the Learning Flat and making the bed afterwards.



Buttery



This half term as part of our PSHE curriculum, we visited Crucial Crew in Rotherham. We took part in lots of different workshops and learnt how to keep ourselves safe in the community. We learnt how to cross the road safely, how to travel on a bus and what to do in an emergency. We practiced telephoning the emergency services and what will happen if we ever need to ring 999.

