

## **Relationships and Sex Education (RSE) at Radlett Lodge – Quick Guide**

### **Radlett Lodge RSE**

- Lessons start at an age and developmentally appropriate time, and are relevant to pupils at each stage in their development and maturity
- Is taught by people who are trained and confident in talking about issues such as healthy and unhealthy relationships, equality, pleasure, respect, abuse, sexuality, gender identity, sex and consent
- Staff deliver content that includes the acquisition of knowledge, the development of life skills and respectful attitudes and values
- Staff help pupils understand on and offline safety, consent, violence and exploitation
- Content delivered is both medically and factually correct and treats sex as a normal fact of life
- Content is inclusive of difference: gender identity, sexual orientation, disability, ethnicity, culture, age, faith or belief, or other life experience
- Lessons help pupils understand a range of views and beliefs about relationships and sex in 3 society including some of the mixed messages about gender, sex and sexuality from different sources including the media
- Lessons teach pupils about the law and their rights to confidentiality even if they are under 16, and is linked to school-based and community health services and organisations.
- Lessons promote equality in relationships
- Reflects girls' and boys' different experiences and needs.

**Content** - At Radlett Lodge we follow a spiral curriculum on two pathways (Pathway 1 and Pathway 2).

This means pupils will revisit the topics and build on their prior knowledge throughout their time at Radlett Lodge School

<b>Primary focus</b>	<b>Secondary focus</b>
<ul style="list-style-type: none"> <li>- Playing and working together</li> <li>- People who are special to us</li> <li>- Things we are good at</li> <li>- Kind and unkind behaviour</li> <li>- Trust</li> <li>- Keeping safe online</li> <li>- Different types of relationships (family, friendship etc.)</li> <li>- Community</li> <li>- Respecting differences between people</li> <li>- Jobs people do</li> <li>- Rules and Laws</li> <li>- Public and private</li> <li>- Keeping safe (including online)</li> <li>- Trust</li> <li>- Consent (in a range of different contexts – e.g. asking before you hug someone)</li> <li>- Changes at puberty</li> <li>- Baby to adult</li> <li>- Dealing with touch and appropriate touch</li> <li>- Rules and laws</li> </ul>	<ul style="list-style-type: none"> <li>- Personal strengths</li> <li>- Managing pressure</li> <li>- Skills for learning</li> <li>- Prejudice and discrimination</li> <li>- Emergency situations</li> <li>- Friendship</li> <li>- Keeping safe online</li> <li>- Strong feelings</li> <li>- Romantic feelings and sexual attraction</li> <li>- Self-esteem and unkind comments</li> <li>- Long term relationships and parenthood</li> <li>- Healthy/unhealthy relationship behaviours</li> <li>- Puberty</li> <li>- Intimate relationships, consent and contraception</li> <li>- Body image</li> <li>- Managing online information</li> <li>- Preparing for adulthood</li> <li>- Diversity, rights and responsibilities</li> </ul>

At Radlett Lodge we use correct terminology for body parts including penis, testicles, vagina and nipples. All pupils have the right to understand and discuss their own bodies. This also ensures that pupils have the vocabulary to explain if something hurts, or has happened to a private body part therefore enhancing their safety and our responsibility to safeguard our pupils.

### **Right to Withdraw**

Parents have the right to request permission from the Principal (Stuart Mainwaring) that their child be withdrawn from some or all of sex education delivered as part of statutory RSE. However, up to three terms before your child turns 16, if the child themselves wishes to receive sex education rather than be withdrawn, we are required to make arrangements for this to happen in one of the three terms before the child turns 16 - the legal age of sexual consent.

There is no right to withdraw from content taught in science relating to body parts, bodily changes, puberty, reproduction and birth. There is no right to withdraw from Relationships Education at primary or secondary; the contents of these subjects – such as family, friendship, safety (including online safety)