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Jacket Potato with cheese & Beans

Selection of Cut & Whole Fruit with Yoghurt & Toppings.



Lunch MENU



Helen Allison School



One Pot Vegetable Pasta

Garlic Bread & Coleslaw

Jam Sponge & Custard



Slow Cooked Ratatouille

Roast Potato, Carrots & Broccoli

Selection of Cut & Whole Fruit with Yoghurt & Toppings.



Breakfast List

Toast, Jam or Marmite **Cornflakes, Bran flakes** or Rice Crispies

> **Apple Juice Orange Juice**

Salad Bar Mixed Leaf Tomato Cucumber **Mixed Pepper** Beetroot

Fresh Fruit Pineapple, Red Grapes, Water melon & Sultanas

GOOD EGG AWARD

5 Bean Chilli

Chocolate Chip Muffin



Oven Baked Cod Fillet in Batter

Jacket potato with Baked Beans & cheese

Baked Beans.

Selection of Cut & Whole Fruit with Yoghurt & Toppings.



Brockwood



AUTUMN



Macaroni Cheese

Jacket Potato With Cheese & Coleslaw

Baguette & Sweetcor

Selection of Cut & Whole Fruit With Yoghurt and toppings.



Lunch MENU



Helen Allison School



Shepherd's Pi

Vegan Shepperd's Pie

Peas & Carrots

Iced Sponge with Sprinkles



Roast Beef with Yorkshire pudding

Vegetable Wellington

Roast potatoes, Cauliflower & Broccoli Cheese

Selection of Cut & Whole Fruit With Yoghurt and toppings.



Breakfast List

Toast, Jam or Marmite Cornflakes, Bran flakes or Rice Crispies Apple Juice Orange Juice



Chicken Gyro

Roasted Vegetable Gyro

Rice, Pitta Bread & Tzakiki Sauce

Chocolate Brownie with Chocolate Sauce



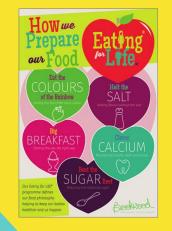
imbo Fish Finger with Tar Tar Sauce

Jacket potato with Baked beans and cheese

Crispy Chips, Garden Peas 8 Baked Beans.

Selection of Cut & Whole Fruit With Yoghurt and toppings.





NOTES

Salad Bar Mixed Leaf Tomato Cucumber Mixed Pepper Beetroot

Fresh Fruit Pineapple, Red Grapes, Water melon & Sultanas

