

- **Intent:** your curriculum plan, including its design, structure and sequence
- **Implementation:** how you teach and assess your intended curriculum
- **Impact:** the outcomes for your pupils as a result of the education they've received

Why do we teach it?

At Helen Allison our PSHE curriculum underpins all other curriculum areas. It aims to develop the whole person, giving them the confidence needed in order to access the wider curriculum and to prepare them to be respectful citizens both now and in their future roles within a global community. We aim to give students the knowledge needed to live healthy, active lifestyles and to be able to adapt to the changes that they will encounter throughout their lives. We want them to develop positive relationships with the people they will come into contact with within their future lives. It will give students the opportunities needed to develop their understanding of the wider world and to also appreciate the diversity of their local area.

INTENT - What we are teaching

At the Helen Allison School we follow the PSHE Associations Curriculum for Students with SEND, enabling us to offer a personalised curriculum that meets the individual needs of all students. Topics covering Self-awareness, Self-care, support & safety, Managing feelings, Changing & growing, Healthy lifestyles, and The world I live in, teach students the knowledge and skills needed both now and in their future lives, to stay safe, healthy, happy and prepared for life's opportunities, in line with our Quality of Life framework.

IMPLEMENTATION - How we teach it

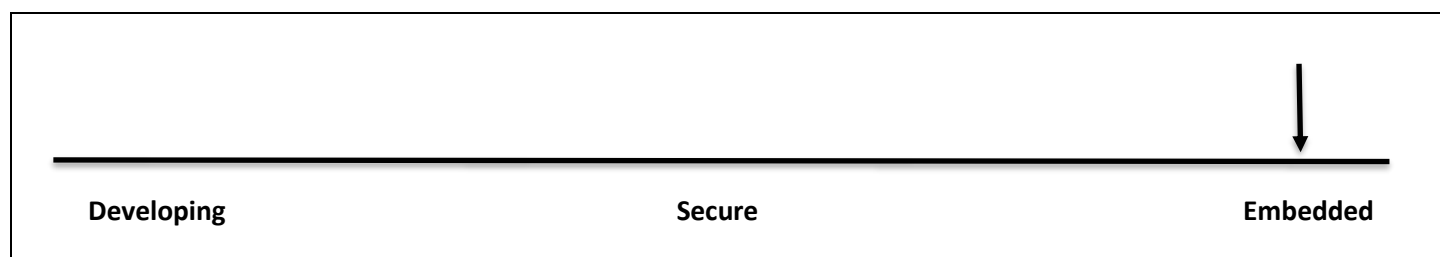
Each sequence of topics is taught over a yearly cycle, through weekly lessons, allowing students to fully understand the content, build on existing knowledge and to be able to relate their learning to 'real life'. Teachers follow long and medium term plans that guide the teaching, but enables them to adapt learning to meet the needs and interests of students, which encourages high levels of engagement. A variety of teaching and learning styles are used to make sure that all lessons are fun and accessible to all students. Learning is teacher assessed throughout each unit of work, allowing teaching to be adapted as required for each student. At the end of each unit, every student's progress is recorded and accessible for later reference, which is particularly useful when supporting cross-curricular learning.

IMPACT - What is working

A well taught PSHE curriculum provides impact in a number of areas for our students, including emotional wellbeing, physical health, academic attainment, and preparation for their future, no matter what pathway they might take in life. PSHE lessons encourage students to unravel and begin to make sense of a world around them that can often be confusing and challenging to navigate. Knowledge and skills taught during PSHE enable students to develop tools and strategies that support them for the rest of their lives to develop and sustain healthy relationships, make informed decisions about their health and safety, promote a positive emotional well-being, and be prepared, informed and able to manage adult life to the best of

their capability, with minimal support.

On the scale below rate where you believe this subject currently stands in terms of your overall curriculum offer:



Subject Leader Actions and Impact

Previous Improvement Actions and Impact	Current Improvement Actions	Future Improvement Actions
<p>LTP created following the PSHE Association Curriculum for Students with SEND</p> <p>Interim assessment tool created and used</p> <p>Ensuring PSHE is timetabled and taught weekly.</p> <p>Encouraging a variety of teaching and learning tools to be used to ensure all students are able to access the learning.</p> <p>Ensuring learning is set at an appropriate level for all students.</p>	<p>Assessment tool created on Educator and introduced to teachers in September 2025</p> <p>Ensuring assessment is being effectively used to inform planning and future learning.</p> <p>To close the gaps where possible between age and stage.</p> <p>Ensure our older students receive the full curriculum before leaving us at age 19 to move on to the next stage in their lives.</p>	<p>Explore Springboard curriculum in more depth to understand how PSHE fits in and how more opportunities for learning can be created.</p> <p>Revisit pupil voice.</p>